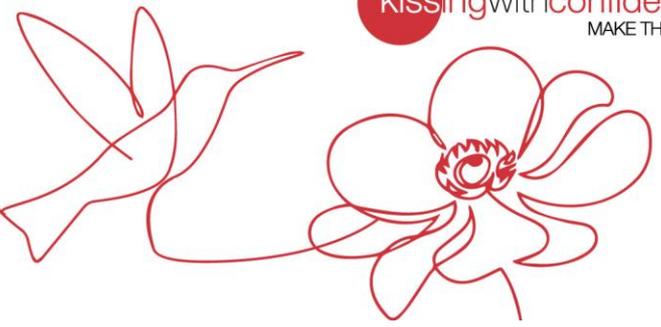


# VIRTUALLY YOURS: HAPPY HYBRID

kissingwithconfidence®  
MAKE THE RAIN



## Tuesday 28 September 2021

Humans are uniquely adaptable mammals, on account of our huge brains; we are amazing, taking so much in our biped stride. In that scene with the gorillas Sir David was the only one who could use his opposable thumbs to put trousers on.

This half day will give you hot takes on how to be happy hybrids.

### 9.00am to 9.30am: ARRIVE EARLY, REGISTER, TWEAK YOUR TECH, NETWORK YOUR ASS OFF

Half an hour to ensure you are in the room, in the zone, in the kitchen, acquainted with the REMO layout and iron out any wrinkles with the tech team.

### 9.30am to 9.40am: KEYNOTE - MANAGING DIRECTOR SHARON MCLELLAN SETS THE SCENE

- What we learned
- What we now know
- How it's all going to go

*Runner, lifter of small weights and lover of a few days of yoga on retreat. Pescatarian (no shellfish), mostly fish and chips with mushy peas at Nardini's.*

### 9.40am to 10.30am: MICHAEL FLEMING - FINDING INTIMACY IN A HYBRID WORLD

- Positivity: no one likes a miserable bastard
- Self-disclosure: communication is a two-way process
- Creativity: novel ways to build relationships

*Running, cycling, sailing and driving his crazy cars and motorbikes. Lives in chilled out north west Scotland and does a terrific roast lamb with rosemary.*

### 10.40am to 11.30am: NICKY DENEGRI - GET SOME AID(E)

- Deliver brilliant feedback using the AIDE model
- Deal with problem statements; turn them into outcome-focused questions
- Brainstorm swiftly to create options for action

*It's 6am workouts, running and all sorts of yoga malarky. Says she does not have a sweet tooth, but the jury is not so sure.*

### 11.40am to 12.30pm: RUSSELL WARDROP – THE EMPATHY IN ASSERTIVENESS

- Empathy and its limits
- Are you a hard ass or a soft touch?
- How to be an assertive, kind leader

*Regularly pretends to exercise, can do a few press ups and has taken up tennis. Pops his hip flexor and often needs new balls. Has five brown hens, eats frittata daily.*

### 12.30pm to 1.00pm: NETWORK, NETWORK, NETWORK